



# Resident Reporter

Volume 23, Number 2 • Fall 2023

## News from the Executive Director

*“Providing a Community to Call Home”*

Happy Fall, I cannot believe that summer has already come to a close and school is back in full swing. Although I hate to see summer go this is one of my favorite seasons of all “Football Season”! This time of year brings many fun activities with the Fall season and cooler weather. I hope that you and your families get to enjoy this wonderful part of the country that we live in and all that our community has to offer.



One year, yes that is hard to believe as well I have already been a part of this great organization for one full year. With that I feel that we have accomplished some great things as a team and as an organization. One that I am very proud of is creating our new mission statement. “Providing a Community to Call Home!” You will start to see this more and more with everything that we do. Our employees have embraced it and we want the things we do every day to reflect it. We also added 14 new units of affordable housing to the community and we are very proud of that as well.

In closing, I want to say again how proud I am to be a member of an amazing team here at JCHA and look forward to seeing all of the wonderful things we can do to help our community in the coming months. We are looking at a lot of great opportunities for future development of affordable housing and providing more housing units to our community.

-Sam Edwards, CEO/Executive Director  
Johnson City Housing Authority

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## Updates from Modernization and Inspection

Roofing has been an ongoing project this year at our Memorial Park, Lake Terrace and Parkway developments. Parkway had three more buildings roofed in September. There were four more buildings roofed in Lake Terrace during October. Memorial Park received roof replacement at six more buildings in October also.



Renovations are progressing at a steady pace in our Memorial Park Development with a total of sixty-nine units renovated. The renovated units receive upgraded lighting, faucets, toilets, cabinets, windows, flooring, and central heat & air units. Additional units are being planned as units become available and funding allows. Many of the upgrades promote energy savings and reduced water consumption. Upgrades are also being conducted in the Parkway, Pinecrest, and Lake Terrace Developments.

The parking lot off of Dyer Street in Memorial Park, was recently upgraded with new paving and striping.

Construction of eight new one level units at E. Watauga Avenue was recently completed. The ribbon cutting was held on August 24, 2023 and was a huge success.



Central Administrative Offices  
901 Pardee Street, PO Box 59  
Johnson City, TN 37605-0059

Administrative office 423-232-4784  
fax 423-232-4789

TDD: 1-800-545-1833 Ext. 762  
Physical Services/24-hour Emergency:  
423-232-4780

[jchousing.org](http://jchousing.org)



## JCHA Pest Control and Inspections

Pest Control is taking the initiative to be more proactive with monthly inspections. In addition to routine pest inspections/treatments, technicians will monitor housekeeping issues and key areas that harbor pests such as baseboards, furniture, bedding, etc. If anyone sees or has suspicion that bedbugs have been introduced to an apartment, contact Pest Control ASAP at 232-4780. We can schedule a bedbug inspection and check everything closely for you. DO NOT use pesticides or try and treat yourself, this will cause more harm than good. Our technicians are trained to identify and treat for bedbugs and other pests properly. Also, if you or someone you know has bedbugs, please take responsibility if traveling to other units or allowing others to visit you.

Reminder, if something is not working properly in the unit, contact the Facilities Department, (423) 232-4780, so maintenance can repair the problems. If deficiencies are not reported in a timely manner, then charges can apply due to neglect on the unit.

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## New JCHA Employees

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**Emily Lingerfelt** has taken the position of Family Self-Sufficiency Coordinator for The Johnson City Housing Authority. You can find Emily working with families to set and achieve goals that will help with gaining economic security and enhance growth and stabilities within those families. She is highly motivated to help others grow into and achieve their fullest potentials. By listening to their stories from a non-judgmental perspective, she is able to assist them in recognizing their strengths, understanding their ambitions and setting goals to help achieve them.

Emily enjoys watching those around her grow and flourish. This along with her devotion to her faith has been a guiding force on her education journey. Emily received her Bachelor of Science in Psychology in 2014 from Liberty University with a specialization in Addictions and Recovery. She then went on to receive her Master of Arts in Human Services Counseling from Liberty University in 2016. Driven by a love of her faith and her pursuit of knowledge she then obtained a Master of Arts in Theology from Covenant Bible College in 2020.

Emily was born in Virginia Beach Va. But has chosen to make Northeast Tennessee's area her home for over 20 years now. Over the years Emily has chosen careers in the social work and counseling field to position herself in the path of aiding others from all socioeconomic backgrounds. Outside of her work Emily attends church regularly and loves to spend time with her husband, children and grandchildren. Her love of new experiences leads her volunteer in the community and travel to new places whenever she gets the chance.

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**Bridget Jennings** is a lifelong resident of Northeast Tennessee, growing up on a farm on the river in Chuckey with her grandparents. She graduated from East Tennessee State University with a BS degree in History and Art History. Bridget worked in the education field for over 25 years.

After working in a preschool for a couple of years, she was hired as an Educator at Hands On! Regional Museum in downtown Johnson City. She became Weekend Manager and a year later was promoted to Education Manager. At the end of her tenure at the Museum she was the Education & Exhibits Manager with grant writing and fundraising responsibilities. She was there for 5 and a half years before leaving to have her only child and son, Kyle.

At home, she began a consulting business where she developed programs and exhibits, and provided fund development ideas and grants for non-profits all over the country. She then bought a tutoring company franchise and directed it for six years working with students of all ages. Then, she was brought on board the Langston Centre staff in March, 2020. She was at Langston for almost three years administering a grant from the TN Dept. of Education.

Now, she is absolutely thrilled to have the opportunity to help out her community in a brand new capacity as the Grants Manager at the Johnson City Housing Authority. Looking to the future, she hopes to be able to assist the organization in bringing more housing choices to the Johnson City residents who are the most in need. Bridget has a heart for helping others and looks forward to being part of an amazing team with the same values!



# ACHIEVE- Family Self-Sufficiency at The Johnson City Housing Authority

## What it is

A program that is designed to help participants set and achieve personal goals that will help to gain economic security and skills that will enhance growth for individuals and the families of those who participate. It provides guidance and connections that will help you be successful in meeting those goals. With a financial incentive for completing this program as well.

## How we help

- Credit Counseling & Budgeting
- Education
- Job Coaching
- Escrow Account

## You will get

- A personal plan with goals and how to achieve them
- One on one coaching
- Connections in the community
- Encouragement

## How to get started

- Stop by JCHA
- Call 423-232-4784 ext. 319
- Send an email to [EmilyL@jchousing.org](mailto:EmilyL@jchousing.org)

## Community Resource List

### SHELTERS

Family Promise (families only) 423-202-7805  
Salvation Army (Men and Women) 423-926-2102  
Mountain Home VA Homeless Domiciliary (Vets only) 423-926-1171, ext. 2871

### DOMESTIC VIOLENCE SHELTERS

Safe Passage 423-926-7233

### TRANSPORTATION

Johnson City Transit System 423-929-7119  
NET TRANS 423-461-8233  
Job Access (Work only 2 day advance booking) 423-434-6265

### CLOTHING

Salvation Army 423-926-8901  
Good Samaritan 423-926-1116  
God's Corner thrift Store 423-929-1915  
Johnson City Schools Shoe Fund 423-434-5223

### FOOD

Salvation Army 423-926-8901  
Haven of Mercy 423-929-0616  
Good Samaritan 423-928-0288

## Community Policing Department Reminders

### Pets

You are allowed to have ONE registered pet (dog/cat). The dog MUST be kept on a leash. Avoid \$25 FINE always clean up after your pet.

### Guests

You must register any overnight guest. You are responsible for your guests' actions. Your guests are allowed to stay 14 days a calendar year.

### VEHICLES

To get a JCHA sticker for your vehicle, you must have a valid TN driver's license and registration. Any vehicle without a sticker (or Pass) is subject to being cited and towed.

## Senior Option Services

Dear Resident:

The Johnson City Housing Authority has a Senior Options Services program that helps the elderly and disabled. We have several very nice people who work in the S.O. S. program that can be relied on to help you with your needs and be there when you need us.

As the Ross Grant Services Coordinator for the Johnson City Housing Authority, my first priority is helping you have your needs met. I have information regarding programs and services available in this area and can assist you in accessing the programs and benefits that will help you.

If you have any questions or find that you need assistance in gaining information regarding the programs and benefits available for you, please do not hesitate to contact me at 423-926-3225 between the hours of 8 am – 4:00 pm. Monday through Friday.

I look forward to hearing from you and helping you in any way that I can.

Sincerely,

Vivian Clayman  
Resident Services



## Socks Give-away

Resident Services has received a generous donation of brand name BOMBAS ankle and calf adult socks.

The sizes are:  
Medium (shoe size 4-7),  
Large (shoe size 8-10), and  
Extra-large (shoe size 11-13).

If you are interested in receiving a free pair for adults in your household, please call us at (423) 926-3225 to make arrangements to stop by our office and pick them out. The Resident Services office is located in Dunbar Apartments at 530 Robinson Drive.

Please note that the socks will be given out on a first-come first-serve basis until all gone.

## Food Distributions

Any Johnson City Housing Authority resident can receive a food box from our pantry once per month. To be added to the delivery list please call the Resident Service office (423-926-3225) and we will add you to our delivery list. If you are able to pick up your food box just call ahead before the delivery date.



The current schedule for deliveries is as follows: *third Saturday* of the month from 10am-2pm in Carver, Keystone, Lake Terrace, Pinecrest and Memorial Park, *3rd Tuesday* of the month 3-4:30pm Parkway and Dunbar.

Our pantry serves up to 300 families per month and is in need of volunteers!! If you are able to help with the filling of the boxes please call the Resident Service office at 423-926-3225. This program is available to all eligible recipients living in JCHA developments regardless of race, color, national origin, age or gender.

## Second Harvest Mobile Food Pantry

The Mobile Pantry Program directly serves clients in an effort to supplement other hunger-relief agencies. A truckload of food is distributed through a farmers market-style distribution where clients choose what they need. When the truck arrives in your neighborhood, please have a box or grocery bags available to carry your items.

**2nd Monday of every month**  
**9:15am Lake Terrace**  
**10:15am Keystone**  
**12:00pm Memorial Park**

**3rd Monday of every month**  
**10:30am Dunbar**  
**1:00pm Pinecrest**



## Free Food for Seniors

### Monthly Home Delivery Program

Are you a senior 60 or older in need of food assistance? Second Harvest offers a home delivery program for seniors who are homebound or meet certain criteria:

1. 60 or older
2. Lives alone
3. Does not have transportation or live with anyone 18yrs./older who can provide transportation
4. Must be able to cook for yourself
5. Must meet the USDA financials (1 person \$2,095 monthly or less, 2 people \$2,823 monthly or less)

If you meet these criteria or have any questions call Renee Richardson at the Second Harvest Food Bank:

Office: 423-279-0430 ext 236  
Cell: 423-607-1695



Located downtown Johnson City at 100 N. Roan Street, Good Samaritan Ministries offers emergency assistance for rent, food, and utilities, Social Work Case- Management with Life Skills Planning, Budget Counseling, Assistance Filling out Forms and Applications, Employment Assistance, Current Job Listings, Thanksgiving and Christmas Food Boxes, and an Emergency Food Pantry.

Good Samaritan ministries also gives out food boxes on a monthly basis; sign ups are taken M-F 8:30am-11:00am and 12:00pm-2:00pm.

For more information call: (423) 928-0288

## Happy Veterans Day!

**Thank you to all the brave men and women who have served!**





**Upper East Tennessee  
Human Development Agency**

The Low Income Home Energy Assistance Program (LIHEAP) assists eligible low-income households with their heating and cooling energy costs, bill payment assistance, energy crisis assistance, weatherization and energy-related home repairs.

Application are available at the JCHA Main Office or online at [uethda.org/neighbors](http://uethda.org/neighbors)

If you have any questions or need assistance filling out the application, please call the UETHDA office at 423-246-6180 select option 1 or call JCHA Resident Services at 423-926-3225.



*Priority given to: Low-income, Energy Burden, Disabled, Elderly, Young Children under the age of 6, Veterans, Household Size, and APS (Adult Proective Services) referrals*

*2023 Income Guidelines*

1 Person	Annually \$28,140 Monthly \$2,345
2 Persons	Annually \$36,804 Monthly \$3,062
3 Persons	Annually \$45,456 Monthly \$3,788
4 Persons	Annually \$54,120 Monthly \$4,510



# Frontier Health® **Assertive Community Treatment**

Assertive Community Treatment is a combination of therapeutic and support services to aid the participant in reaching their greatest potential as it relates to one's physical, psychological, spiritual, and social health.

This service is designed for individuls having difficulty utilizing typical traditional outpatient services with a history of a significant mental health diagnosis (schizophrenia, bipolar disorder, schizoaffective disorder, and/or other psychotic disorder); homelessness; and frequent psychiatric admissions to hospitals and or other institutions. Often the individual may have limited social support or network, and may not have been consistent with attending other support services. Substance abuse should not be a primary factor or diagnosis.

The program has full time staff to include nursing, case management, therapy, and peer support. Also available are support services to include employment specialist and related psycho/social programs.

Clients have options of home sessions, meetings at alternate locations and in some cases, meeting on site.

If you, or someone you know, are 18 or older, with a primary mental health diagnosis (psychotic disorders or bipolar disorders), which seriously impairs functioning in community living, has inability to perform proactical daily

tasks needed to function in the community such as:

- 1) Maintaining personal hygiene
  - 2) Meeting nutritional needs
  - 3) Caring for personal business affairs
  - 4) Obtaining medical, legal, and housing services
  - 5) Recognizing and avoiding common dangers or hazards to one's self and on'e possessions
- Persistent or recurrent failure to perform daily living tasks, except with help from others.
  - Consistent inability to be employed at a self-sustaining level and or inability to carry out homemaker roles.
  - High use of acute psychiatric hospitalization, (two or more per year), or pshychiatric emergency services.
  - Persistent or recurrent severe major symptoms.
  - High risk of being involved in crimals justice system.

**PLEASE CONSIDER A RERERRAL TO THE ACT PROGRAM.**

We can be found at [ACT@frontierhealth.org](mailto:ACT@frontierhealth.org) or by phone at (423)722-0808. If making a referral or seeking a consultation, please include the client's name, and a brief narrative about history of treatment and current needs. It is important to have at least briefly discussed the referral with the client prior to our contact with client.

