



# Resident Reporter

Volume 21, Number 3 • Fall 2017

## News from the Executive Director

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Welcome to the Fall 2017 Resident Reporter! This edition is filled with updates from our various departments as well as exciting announcements and opportunities for our residents.

We have completed construction of the first phase of Baker Court Apartments and are now leasing units. We plan to begin construction of phase two for twelve additional one bedroom units early next year.

Our senior residents have many upcoming opportunities to improve their health by visiting our Fall Health Fair, taking advantage of our Senior Option Services program, or by utilizing the healthcare services provided at the Family Medical Clinic in Keystone. I appreciate the Resident Associations and all the volunteers who participated in the National Night Out events held August 1st to make them a success!

Many residents have competed for prizes in the Commissioner Barbara Love Watterson's "Yard of the Week" contest. Congratulations to the volunteers who made the Keystone Community Gardens a great success this year. I am very proud of the work you did to maintain the gardens. We recently received two NAHRO awards for our outstanding Pest Control program and the website communication video project.

Don't forget that you can learn more about the Housing Authority and our upcoming events by visiting our website at [www.jchousing.org](http://www.jchousing.org).



-Richard McClain, Executive Director

## Updates from Modernization and Inspection



Construction on our two buildings at Baker Street for our non-profit Keystone Development, Inc. is completed. These two buildings each have six units giving Baker Court twelve apartments for the first phase. Applications are now being accepted for residency.

Upgrades at six units in our Pinecrest Development have recently been completed with ten more units currently

undergoing renovations. Additional units are being planned as units become available and funding allows. The completed units received upgraded lighting, faucets, toilets, cabinets, flooring and installation of central heat & air.



### ◦ Thank You, Volunteers! ◦

On July 5, 2017, a group of volunteers from Highlands Fellowship Church and summer campers at the Appalachian Christian Camp came to the Keystone Development apartments at Baker Court in Johnson City. The volunteers provided landscaping, brush removal

and unit clean up. The volunteers help to accomplish a task required for grant funds used for the construction of the units. Thanks to both groups for your commitment to serving your community!



## Resident Reporter



Central Administrative Offices  
901 Pardee Street, PO Box 59  
Johnson City, TN 37605-0059

Administrative office 423-232-4784  
fax 423-232-4789

TDD: 1-800-545-1833 Ext. 762  
Physical Services/24-hour Emergency:  
423-232-4780

[jchousing.org](http://jchousing.org)





## NAHRO Awards of Merit

JCHA Dept of Pest Control won an Award of Merit from the National Association of Housing and Redevelopment Officials on July 16th for Administrative Innovation. In 2012 the Pest Control Dept became more Proactive with in-house staffing and reorganization of procedures. Improvements to scheduling and inspection, treatment procedures, and education efforts have made the new program highly successful. After implementation, the amount of units affected by pests has decreased from 13.3% to 1.6%. Since 2014, the department has become a leading source of information and training statewide, conducting/co-leading numerous training sessions for other housing agencies, pest removal services and working with some of the top entomologists in the state.

## TCAC Ritchie Leadership Award

This past May, our Americorps service member, Tasha Williams, along with select members from our Resident Councils and active residents of our communities, attended the annual Tennessee's Community Assistance Corporation Leadership Conference. One of the featured events for the conference is the Resident Show and Tell, where all the attending groups have the opportunity to share what they have accomplished in their community over the past year. For the first time, the JCHA won the Ritchie Leadership Award for the outstanding work our Resident Council members and volunteers have been doing in our communities. At next year's conference, the JCHA will have the honour of being the judges for the 2018 award recipient.



The JCHA also won an Award of Merit for its efforts to change the negative perception of public housing through the short video series "Many Lives. Many Stories." These videos are shot as an upbeat, positive documentary and portray a sense of JCHA's history while highlighting its many quality services. These videos also serve to inform tenants about available programs and services, recruit volunteers, celebrate partnering agencies, and generate positive press about the progress of the JCHA.

## Employee Anniversaries

### 5 Years



Derrick Garland   John Grigsby   Anita Torbett   Aaron Bowman

### 15 Years



Adam Williams   Greg Jackson

### 40 Years



Junior McNeese

### 20 Years



Adam Warren   Robin Walker   Rachael Hager-Hazell   Linda Phillips



## Fall Senior Health Fair

**Thursday, October 26**  
**10:00am to 12:00pm**

**Keystone Community Recreation Center**  
**841 Pardee Street**

- Healthy snacks
- Blood pressure checks
- Blood glucose checks
- Nutrition screenings
- Insurance Information
- Door prizes

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For more information or to RSVP, contact Resident Services at 423-926-3225



Mountain States Health Alliance offers **free** CNA classes *plus certification*.

For more information visit [www.mountainstateshealth.com](http://www.mountainstateshealth.com) under Classes and Programs.

Or contact: 423-431-2622 (CNA2)  
[CNAProgram@msha.com](mailto:CNAProgram@msha.com)

## PROJECT EMPLOYMENT HOPE

Mountain States offers an employment assistance program designed to help individuals who are chronically unemployed, underemployed, disabled, living below the poverty line and/or homeless.

This program offers employment counseling, guidance, training and job opportunities with Mountain States at no cost.

For more information or to apply, please visit [www.projectemploymenthope.com](http://www.projectemploymenthope.com).

## JCCHC/JCHA Partners for Health

# Family Medical Clinic

### Hours:

Monday, 8:00am - 4:30pm\*  
 Tuesday, 8:00am - 8:00pm\*  
 Wednesday, 9:15am - 4:30pm\*  
 Thursday, 8:00am - 4:30pm\*  
 Friday, 8:00am - 12:00pm  
 \*Closed for lunch (12:00pm - 1:00pm)

### Location:

Keystone Community  
 1136 East Main Street  
 Johnson City, TN 37601

**Phone:** 423-722-0808

**After-Hours:** 1-888-915-7260

### Staff:

Sue Reed, FNP  
 Jessica Sams, LPN  
 Adrianna Dover, Patient Care Representative

JCHA residents can receive healthcare at the Family Medical Clinic located at 1136 East Main Street, Johnson City. The clinic is a partnership between the Johnson City Community Health Center and Johnson City Housing Authority and provides health services to patients without insurance on a sliding-fee scale, based on family size and income. The clinic delivers primary care, women's health exams, home visits, well-child checks, immunizations, physicals, minor first aid, and health education. Treatments for acute and chronic conditions are also provided.



To schedule an appointment, call the Clinic at 423-722-0808. Patients should plan to arrive at least 15 minutes before their scheduled appointment. It is suggested that patients call for routine appointments with as much advance notice as possible. Although same-day appointments are generally available, it is always best to call ahead.

Did you know assistance is available to help you enroll your child in Medicaid or the Children's Health Insurance Program through Enrollment Specialist of Wellmont Health System. Call 423-480-3880 to schedule an appointment.



**DOING THE MOST GOOD™**  
JOHNSON CITY, TN

The Charles O. Gordon Sr. Center of Hope main campus is located in downtown

Johnson City at 200 Ashe Street. At the Center of Hope, The Salvation Army provides emergency and transitional shelter, financial assistance through social services. Monthly food boxes for families can be signed up for every afternoon from 1-4.

Their dedicated staff helps assess needs and work with individuals to determine the most helpful course of action.

For more information on any of the programs at the Center of Hope, contact (423) 926-8901 or (423) 926-2101.



**GOOD SAMARITAN MINISTRIES, INC.**

Located downtown Johnson City at 100 N. Roan Street, Good Samaritan Ministries offers emergency assistance for rent, food, and utilities,

Social Work Case- Management with Life Skills Planning, Budget Counseling, Assistance Filling out Forms and Applications, Employment Assistance, Current Job Listings, Thanksgiving and Christmas Food Boxes, and an Emergency Food Pantry.

Good Samaritan ministries also gives out food boxes on a monthly basis; sign ups are taken M-F 8:30am-11:00am and 12:00pm-2:00pm.

For more information call: (423) 928-0288



**Keystone Dental Care**

### How to Apply

- 1** **DOWNLOAD & COMPLETE FORMS**  
Please visit [keystonedentaljc.com/how-to-apply](http://keystonedentaljc.com/how-to-apply) to print and fill out all forms before coming to the clinic.
- 2** **GATHER PROOF OF INCOME**  
Please bring ALL proof of income for your household which may include: gross wages, salary, tips, social security, pension, annuity, veteran's benefits, alimony, child support, military family allotment, food stamps, and others.
- 3** **COME TO THE CLINIC ON A MONDAY**  
New patient applications are accepted on Mondays from 8:00 am – 4:30 pm. Come to the Keystone Clinic during this time to submit your application papers AND proof of income.

## 2017 Salvation Army Angel Tree Sign-up for Washington and Unicoi County

\*Angel Tree is for children who will be 12 or younger at Christmas

**October 16<sup>th</sup> – 20<sup>th</sup>**

**From 9:00 AM – 3:00 PM**

**Location: Appalachian Fair Grounds**

**Directions from Johnson City:**

Merge onto I-26 W / US 23 N towards KINGSPORT

Take EXIT 13 - toward GRAY

Turn RIGHT onto TN-75 / SUNCREST DR.

Turn LEFT onto OLD GRAY STATION RD.

Turn LEFT onto GRAY STATION RD.

Turn RIGHT onto CHAPEL ST.

Turn LEFT onto LAKEVIEW ST.



### Must Provide:

Photo ID of yourself, ID of other over the age of 12, Proof of Children's ages (birth certificate, shot record or current TennCare/ BlueCare Card), Proof of income Proof of expenses (bill), Proof of address (bill), Food Stamp Letter (only if you receive food stamps).

### Second Harvest Mobile Food Pantry

The Mobile Pantry Program directly serves clients in an effort to supplement other hunger-relief agencies. A truckload of food is distributed through a farmers market-style distribution where clients choose what they need. When the truck arrives in your neighborhood, please have a box or grocery bags available to carry your items.

#### 1st Monday of every month

**10:30** Fairview- Circle Court

**1:00** Lake Terrace - Sandy Drive, bottom of the hill

#### 2nd Monday of every month

**10:30** Pinecrest - At the end of Angel Place

**1:00** Carver, Parkway, Dunbar - At the end of Washington Avenue

#### 3rd Monday of every month

**10:30** Keystone - Parking lot behind the Keystone Rec Center

**1:00** Memorial Park - Parking Lot behind the Resident Center



**You CAN own your own home!**  
**Project Reinvest Downpayment Assistance**  
**\$10,500**

**Appalachian** You may qualify!  
**Community Federal Credit Union** Contact Curtis  
THE SOCIALLY RESPONSIBLE FINANCIAL COOPERATIVE™ (423) 230-2648  
[cmontgomery@myacfcu.org](mailto:cmontgomery@myacfcu.org)

NCUA CERTIFIED CDFI

Terms and conditions apply. Supply limited.

How would you like to own a home? Appalachian Community Federal Credit Union (ACFCU) has a grant-funded down payment assistance program that will provides qualified buyers \$10,500 each.

JCHA is collaborating with ACFCU to share information about the program, called Project Reinvest. The program runs through early 2019, so if you need to work on your credit, there's still time.

Project Reinvest exists because many families lack the upfront money for a down payment or closing costs. If you qualify, the \$10,500 is a no-interest loan that doesn't have to be paid back unless you sell or refinance your home.

You may even qualify for a mortgage payment that's lower than your rent, and you'll be building wealth for yourself and your family. The program includes a homeownership training course so buyers will be prepared for the transition to homeownership. ACFCU is also working with Eastern Eight and other community partners.

Income limits are: \$36,313 (family of one); \$41,500 (two); \$46,688 (three); \$51,813 (four); \$56,000 (five); \$60,125 (six).

To learn more, call Curtis Montgomery at ACFCU, (423) 230-2648 or Vivian Clayman at Resident Services, (423) 926-3225.

## Community Resource List

### SHELTERS

Family Promise (families only)	423-202-7805
Salvation Army (Men and Women)	423-926-2102
Mountain Home VA Homeless Domiciliary (Vets only)	423-926-1171, ext. 2871
<b>DOMESTIC VIOLENCE SHELTERS</b>	
Safe Passage	423-926-7233

### HOUSING

If you are homeless go to ARCH or the Day Center to begin the Continuum of Care process for securing a home

Johnson City Housing Authority	423-232-4784
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### TRANSPORTATION

Johnson City Transit System	423-929-7119
NET TRANS	423-461-8233
TN Care Transportation	423-952-6006 or 1-800-775-8726
People to Places (Medical only)	423-737-7298
Job Access (Work only 2 day advance booking)	423-434-6265

### CLOTHING

Salvation Army	423-926-8901
Good Samaritan	423-926-1116
The Owls Nest	423-283-4668
God's Corner thrift Store	423-929-1915
Day Center	423-434-0894
Johnson City Schools Shoe Fund	423-434-5223

### FOOD

Melting Pot	423-461-8070
Salvation Army	423-926-8901
Haven of Mercy	423-929-0616
Loaves and Fishes	423-929-0905
The Master's Table	423-929-0905
Good Samaritan	423-928-0288

And many more! Contact JCHA Resident Services for more information 423-926-3225



National Night Out was celebrated this year on August 1, 2017. There were three communities to celebrate with parties this year; Keystone, Lake Terrace and Memorial Park. National Night Out Is sponsored by the Community Policing Program, JCPD, Resident Councils of Each community, and the Johnson City Housing Authority. The celebration is to bring the communities together and "get to know your neighbor". This is a nationwide event and promotes police-community partnerships, crime prevention and neighborhood camaraderie. Thank you all who came to help and enjoy.

## Community Policing Department Reminders

### Pets

ALL pets must be registered BEFORE you bring them onto the property. There are weight and breed restrictions – please pick up a pet policy at the main office.

### Guests

You are responsible for your guests and their actions. Be careful who you allow to be at your apartment.

Any person spending the night that is not on your lease MUST be registered as a guest. Each guest may stay 14 nights per year

### Speed

The speed limit in all developments is 15 MPH – please monitor your speed so that nobody gets hurt. Children are out playing all the time and sometimes forget to check the street before they run out.



In order to provide a healthier environment for our residents and guests, The Johnson City Housing Authority will be adopting a smoke-free policy for all of our properties. The harmful effects of secondhand smoke and the fire dangers caused by smoking indoors are too great to ignore.

A smoke-free policy will be developed and in effect for all Johnson City Housing Authority Properties by July 30, 2018. This will include all common areas of buildings and individual units. We will update you along the way at Resident Council Meetings.

Tennessee Tobacco Quitline Services can be accessed at [iqhquitline.com/members](http://iqhquitline.com/members) or at 1-800-QuitNow to talk to a trained coach who can help you quit or you can also to [www.smokefree.gov](http://www.smokefree.gov) to learn more. The Resident Services office works with the Washington County Department of Health to hold smoking cessation classes. You may call their office at 423-926-3225 if you are interested in attending classes.

Want to improve your credit?



For more than 100 years, First Citizens Bank has been committed to the people, businesses and communities who rely upon them.

First Citizens Bank is offering free financial education on improving your credit score and credit recovery.

For more information, please contact Vivian Clayman at Resident Services: 423-926-3225.

### JCHA RESIDENT COUNCILS

<b>MEMORIAL PARK</b> 127 Dyer Street 926-3242 <b>2<sup>nd</sup> Thursday-6pm</b>	President	Sharon Dugger
	Vice President	Anita Brown
	Secretary	Alfreda McPhail
	Treasurer	Vacant
	Activity Director	Tasha Williams
<b>FAIRVIEW</b> 504 Steele Street 430-2660 <b>Meeting Time: N/A</b>	President	Vacant
	Vice President	Vacant
	Secretary	Vacant
	Treasurer	Vacant
	Activity Director	Vacant
<b>LAKE TERRACE</b> 2451 Mint Hill 430-2659 <b>3<sup>rd</sup> Saturday-1pm</b>	President	Margaret Roberts
	Vice President	Joyce Burns
	Secretary	Helen Ray
	Treasurer	Vickie Saults
	Activity Director	Vacant
<b>PARKWAY/DUNBAR</b> 500 Washington Ave 430-2658 <b>2<sup>nd</sup> Tuesday-11am</b>	President	Barbara Bishop
	Vice President	Vacant
	Secretary	Mary Ford
	Treasurer	Lycinda Richardson
	Activity Director	Kathy Killen
<b>KEYSTONE</b> 841 Pardee Street 722-0837 <b>2<sup>nd</sup> Tuesday-10am</b>	President	Donna Williams
	Vice President	Rachel Chipley
	Secretary	Pam Warren
	Treasurer	Vacant
	Activity Director	Abraham Saygeo
<b>CARVER</b> 520 Washington Ave. 926-3269 <b>2<sup>nd</sup> Tuesday-6pm</b>	President	Herman Fitzgerald
	Vice President	Vacant
	Secretary	Ashley Caballero
	Treasurer	S. Hope Goodloe
	Activity Director	Linda Morris
<b>PINECREST</b> 525 Joy Court 722-0838 <b>1<sup>st</sup> Tuesday-3pm</b>	President	Jeff Bishop
	Vice President	Valarie Lawrence
	Secretary	Chris Bishop
	Treasurer	Vacant
	Activity Director	Karen Bishop



### Days in the Garden

A little boy from Keystone stands, munching on a raw green bean. Almost daily he had stopped by this community garden near his home to watch what was going on. Each day was different.

First, he had seen the grass taller than his head in the big wooden garden beds being pulled up and taken away. After a few days, only one really big plant was left. Mom said it might be a pumpkin or maybe a watermelon. A lady came by and asked his mom if she wanted to have a garden bed and raise some of her own food. Mom had almost said yes. He was sad when she said no. It would have been fun to have a garden.

A man came with a big truck and dumped a huge load of something that looked like dirt but everyone called it "aged manure." Whatever it was, there were a lot of kids and adults in the garden after the man came. They filled buckets with this special dirt and dumped some into each bed until the giant pile was gone. Then there was peace and quiet again in the garden.

One day, all over the garden, you could see little popsicle sticks in the dirt, explaining what had been planted. Mom read them to him. Squash, beans, corn, cucumbers, pumpkin, tomatoes, watermelon, and even flowers. One lady came by often to water the seeds to help them grow up out of the dirt. They finally did. Teeny tiny plants were everywhere in the garden beds. The lady added signs. Mom said some were called Tasting Gardens and anyone could pick from them. The others had stop signs on them and Mom said that meant you couldn't pick from those because they belonged to someone.



Lytle & Linda King



Brenda Honeycutt



Danny Maldonado



The plants grew bigger and bigger. There was an Art Party in the Garden. The giant plant ended up being a pumpkin, not a watermelon or a mixed-up squash. Cool bugs were easy to find, crawling around and leaving tiny eggs on the squash leaves. The squash plants were busy too, making squashes. The beans got big enough to pick. He liked picking them. The tomato plant that had grown from a seed from last year had big red tomatoes on it. The pumpkins in the Tasting Garden turned orange. His favorite day was when he got to pick a pumpkin and carry it home.

The pumpkin plant died and the lady pulled it out. Mom said when it turns cold, the plants would stop making vegetables and die. Then the gardens would go back to being empty beds again. At National Night Out the gardeners set up a pretend potato farm to play in. Maybe he would be a farmer when he grew up. Maybe next spring Mom would call Resident Services and get a garden bed of their own. It would be so special to take care of his own plants and eat what they grew.

-By Rachel Chipley, Keystone Officer and Resident